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## Pond hockey, orienteering near Quebec City

QUEBEC - Boardercross, orienteering and pond hockey are among outdoor activities available this winter in the Jacques-Cartier region outside Quebec City.

Stoneham Mountain Resort, a half-hour drive north of the provincial capital, has added a boardercross course and doubled the size of a snow park to give freestyle beginners more challenges. The resort says its night skiing terrain is the largest in Canada.

At nearby Manoir du Lac Delage, visitors can trek on snowshoes through the woods as they complete orienteering courses. Easy routes are 700 to 900 metres long, while the hardest ones are up to 2,000 metres and involve spotting as many as a dozen markers with the aid of a compass.

And the eighth edition of the Lac-Beauport Pond Hockey Tournament will be held Feb. 5-6, hosting more than 100 teams on 25 rinks.

Online: [www.jacques-cartier.com](http://www.jacques-cartier.com).

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